

Employees Learn about Defensive Driving

NRG employees got to learn a little more about defensive driving techniques following a driver awareness program conducted by John Fraser from the Fleet and Driver Consultancy at the Mt Cotton Defensive Driving facility in Brisbane.

During the two hour sessions John covered a range of topics including

- Updates to legislation and road rules
- Entry and exit from roundabouts
- The do's and don'ts associated with merging traffic
- Defensive driving hints in traffic
- Driver fatigue
- Anti Lock braking systems

With over 35 years of experience in road accident research John presented a wealth of statistical information relating to road accidents in Australia.

"Driving a car is the most dangerous thing we do representing around 25.6% of all deaths and serious injury in Australia. The cost of road crashes is about \$20 billion a year and this is equivalent to the entire defense budget each year. In Australia this year around 1600 have died on the roads with another 30,000 permanently injured," John commented.

The sessions were well received by the workgroups who appreciated the practical tips to help improve their defensive driving skills.

Technical Services Control Systems Officer, Alan Armour felt the session had been very worthwhile on a personal level.

"The information presented was very informative. John presented a lot of examples to demonstrate how things can go wrong very

quickly. The most important thing for me to take on board personally is driver fatigue. I do a lot of long distance driving in recreational times and not so much doing work times so it's about ensuring I take the necessary breaks when driving through the holiday period," Alan said.

Meanwhile concerns have been raised at the Workplace Health and Safety Team meeting about the merging of traffic from the Power Station onto Port Curtis Way. Correspondence from the Main Roads department has indicated that upgrades to the section of highway adjacent to the power station to accommodate the increase in traffic volume and allow safe merging of traffic from GPS is still sometime away.



John Fraser from Fleet and Driver Consultancy discusses tyre safety with Paul Adamson and Dave Pendreigh.

Boost for Local Charities over Christmas

Local youth crisis centre Roseberry House received a timely boost to its coffers last month with a \$1,000 donation from NRG.

General Manager, Glenn (Shoey) Schumacher said the donation was made in lieu of NRG purchasing Christmas cards this year.

Roseberry House provides short term accommodation for young people aged 15-19 who are homeless and in crisis.

General Manager of Roseberry Community Services, Margaret McDonald was grateful for the donation from NRG saying it would be used to help fund a program to develop independent living skills.

Meanwhile the Gladstone Community Charities Fund have not forgotten the needy in our region by donating \$6,500 over the Christmas period. Donations were made to the following groups:

- Gladstone High Schools Chaplaincy Program - \$2,000
- St Vincent de Paul - \$1,500
- Roseberry House - \$1,500
- Salvation Army - \$1,500

Since the fund was established in August 1982, over \$340,000 has been donated to charities in the Gladstone area. To assist the fund in its charity work NRG contributes over \$6,500 to the Charities Fund each year. The success of the fund lies with our employees who continue to contribute on a weekly basis.



General Manager Glenn (Shoey) Schumacher was pleased to present a cheque for \$1,000 to Roseberry Youth Services staff Kim Schinkel and Margeret McDonald.

From Shoey's Desk

Dear Folks

Happy New Year to you all. I hope that you had a great Christmas and are ready to face the year in front of us at Gladstone Power Station. This year will bring some interesting challenges for us all. Clearly we need to focus in on returning this plant to a reliable condition. But, we must do that in a way that will be sustainable over the long term. That will be a challenge for us all and you will hear and become involved in a lot more about this as the year rolls out.

However, in focusing on getting the plant back to where we need it, we must not lose sight of some key fundamentals such as SAFETY. At the Management Team level we have started a discussion of where to take Safety at GPS in the future. Clearly this debate is being guided by George Bennetts and his Team but, at the end of the day safety is the responsibility of us all.

Now, I know that the general response to statements like 'safety is the responsibility of us all', is that here we go again. It just sounds like the tired old management line, pulled out of the Management Handbook and dusted off for the annual focus on glasses or hearing protection or working at

heights. And often the response is we just have to say yes in the right places and this issue will go away for another year or so. I would agree that such a view is based upon what we have all experienced over many years.

Whilst we do need programs that focus on safety glasses, hearing protection, working at heights and so on, I think it is time to challenge ourselves about what does safety really do for each of us. Again I do not have all the answers or a magic wand

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"Look! Another message to decipher from management."

that will fix what needs fixing. But, I do know that I have been involved in what seems an endless round of safety initiatives over the years and have often wondered are we really bringing about genuine change in safety.

So, the challenge is there for all of us. How can we really make a difference in safety in our lives and in the lives of those around us? After all none of us comes to work planning to be hurt or hurt somebody else. I have started talking with the Safety Leadership Group about this very issue and I will be challenging myself, George and his Team, the Management Team and ALL of you to think about this issue and lets start to see what we can do to meet the challenge.

SAFETY IS ABOUT LIFE

Regards

SHOEY
Glenn Schumacher
General Manager



Jock Calls it a Day

After 24 years at the power station, plant services employee Jock Kynoch has decided to call it a day.

Jock and his wife Dee plan to spend early next year in Gladstone but after that it's off to Yeppoon.

"I've bought a little place in Yeppoon that will be our main family residence, but we will also be spending time at our family shack at Midge Point (between Mackay and Proserpine). We plan to spend more time with our grandkids who live in Mackay," Jock explained.

Jock commenced his career at the station as a trades assistant in working for Glen Wroe in the coal plant. After six months Jock moved into the rigging crew where he has enjoyed working with a succession of supervisors including Dennis Zimmerlie, Dave Brown, John Norris and Peter Caughey.

"The power station has been a pretty good place to work and it's been like a big family here. When I started I was only planning to be here for two years

but I've been here for 24 years so there must be something that keeps people here. We have a lot of younger people starting so I think I must be past my use by date," Jock said.

During his time at the station Jock has played an active role in industrial relations activities having been an on site union delegate for the AMU – FIMEE for the past 11 years.

"It's been interesting seeing both sides of the coin. In most cases relations between management and the workforce have been pretty good, although there have been some traumatic times as well," Jock said.

During his retirement Jock is planning to do a bit more overseas travelling in a couple of years which may include a trip to his former homeland of Scotland.



Jock is planning to move to Yeppoon in his retirement.



Replacement Program Underway for ID Fans

A program to replace the Induced Draft (ID) fan impellers will begin with the Unit 4 overhaul scheduled to commence in mid February 2008.

Manager Major Projects, Steve Lewis said the recent cracking in the ID fans resulted in several engineering investigations being conducted to determine the root cause.

"The ID fans are required to draw air through the boiler and fabric filter to maintain correct pressure in the boiler. The results of the investigations have indicated that the back planes of the existing ID fans are under designed so it is necessary to replace the whole ID fan impellers," Steve said.

Since the decision was made to replace the fans a major capital project was approved to purchase eight ID fan impellers which will be installed in Units 1, 3, 4 and 5 during outages in 2008. The ID fan impellers on Units 2 and 6 will be replaced in 2009. Total cost of the project will be \$6 million.

"The ID fan impellers will be built by Howden Australia who is the original manufacturer of the current impellers. The left hand "A" fans will be manufactured at the Forgas workshop in Newcastle while the right hand "B" fans will be produced in Sydney at Nepean Engineering. This will ensure that a pair of fans will be balanced and ready to install in late February," Steve added.

"Howden and their subcontractor will install all the new impellers as part of their contract. The impellers will have the same physical dimensions as the current impellers however they will have better efficiencies due to a new blade design. The fans will also contain the noise reduction modifications that have been previously installed over the past two years," he said.



Replacement of the ID fan impellers will begin in mid February.

New Hazard Reduction Projects Underway

A major hazard reduction project is about to begin on site to repair all handrailing and toe-boards throughout the plant

Technical Services Project Officer, Rick Thomason said a major audit was conducted in December to assess the adequacy of the handrails.

"The audit highlighted many areas throughout the boilers, feed heating, ID fans, fabric filters and auxiliary plant where non compliance existed. Our main concern is to address areas where there is potential for employees or objects to fall from heights," Rick said.

The handrail project was just one of a number of ongoing hazard reduction

projects being undertaken to eliminate many safety concerns raised by employees at the station.

"Nearly all these projects have been identified by NRG personnel and have gone through a process of engineering, design and drafting. The projects are critical to the safety of our employees and have been approved in the capital budget," Rick added.

Other major projects currently being undertaken this year include

- Backflow prevention Stage 3 – the project involves installing new copper lines and back flow prevention valves throughout the main boiler turbine building and coal plant.
- Economiser hopper dust swirlers - the project allows the economiser dust to be easily converted to a slurry to minimise dust emissions.
- Instrument air valve access platform for Units 1 to 4 – the platforms will provide easier access to the instrument and air valves located on the feeder floor.
- Air heater walkway modifications for Units 1 to 6 - the project involves raising the walkway to make it easier to access the air heaters.
- Boiler access door monorail for Units 1 to 6 - the project involves installing a monorail beam above the boiler door to make it easier to remove the door and reduce manual handling.

Other projects waiting approval this year include:

- Spray water valve actuator monorail beam
- Pulveriser work platform
- Turbine oil tank filter line relocation
- Dry dust compressor condensate disposal
- Pulveriser casing work platform
- Feeder floor fire systems access platforms
- Mesh hand railing around turbine and boiler areas
- Units electrical lockable trolley compound
- Units 1 to 4 & 5 & 6 service floor hoist access platform
- C55 and C56 conveyor under cladding
- Tower 12 flooring removal
- C55 and C56 counterweight lifting device
- C51 counterweight lifting device
- Tower 19 access stairs modifications
- Tower 1 lifting beam relocation
- Conveyor C31 and C32 tail pulley monorail beam
- Lab office suspended ceiling replacement
- B effluent water tank access
- Demin water truck fill
- Demin plant chemical unloading shields



Rick Thomason discusses the handrail project with Walz Construction employees Darren McNeil and Noel Christensen.

Station Shines after Clean-up

A major cleanup of the station was undertaken in December in preparation for the cyclone season.

Manager Maintenance, Martin Thomas was pleased with the efforts of employees.

“Our aim was to remove rubbish and debris from site and so that we enter the New Year period with a clean and revitalised power station. The station looks a lot cleaner and safer because of the efforts of all employees”, Martin said.

Approximately 20 cubic metres of general waste, five tonnes of scrap metal (which was recycled) and thirty cubic metres of timber (also recycled) was collected from site.

Superintendent Procurement Services, Garry Coleborn said the waste transfer station was kept busy throughout the morning with a lot of small rubbish being collected around site.

“This is a good indicator that employees are doing a good job in keeping the plant in a tidy condition,” Garry said.

Special thanks once again to the members of the Rec Club who set up and cooked a barbecue lunch for all people involved in the clean up.



Men's Health Smart Living Seminar

The Wellness Committee have organised Queensland Health to come to site for some presentations on Men's Health. There will be four onsite sessions:

- 12th February 2008 10am - 11am
- 12th February 2008 11.15am - 12.15pm
- 26th February 2008 10am - 11am
- 26th February 2008 11.15am - 12.15pm

Topics covered include:

- Health behaviours of men
- Causes of death and illness for males

- Prescription for good health
- What is it to be a man
- Pathway to depression and suicide and getting off this pathway
- Life skills
- Prostate Problems
- Breast and testicular cancer
- Optional individual 15 minute health screening.

The Wellness Committee would like to encourage all males to attend this most informative presentation by qualified health

professionals. The functions are men only, however, if we have enough female interest, Qld Health has offered to a run a separate session for the ladies.

Places are limited to 15 people per session so if you would like to apply for a seat in one of the four sessions, please register your interest with Rebecca Sparrow (ext 107) before 5 February.

For Sale

- Zebra and Gouldian Finches - Phone Dave - 0429 646 426.
- Pine kitchen table and five chairs - \$100, Iron frame piano \$1,100 – Phone Gary ext 504 or 4978 2352 (H).

Getting to Know Noel Missingham

Electrical Instrumentation and Control Engineer, Noel Missingham has been impressed by the work culture and friendliness of fellow employees since joining NRG in July last year.

Noel said he was enjoying working closely with the Electrical Technical Services group and building upon his knowledge of the Foxboro Control System.

"Most of the technology is new to me but I have been able to draw upon plenty of support from Rohan Parker, Alan Armour and John Illingsworth who have many years of experience in the control systems area," Noel said.

Noel is not a total stranger to GPS though, having worked here as a cooperative engineering student for six months in 2004. During that time Noel was involved in a project to upgrade the seal oil plant hazardous area to comply with Australian standards.

After completing his placement at NRG, Noel spent the next two years working for local company; Welcon Technologies.

"Working with Welcon gave me a good overall grounding in electrical engineering.

Being mainly involved in project work, I was fortunate to be able to work on various plants including Orica, Callide Power Station, Central Queensland Ports Authority, BMA Coal Mine and Queensland Rail. Particular highlights for me, were working on the design of the Gladstone North and Port Curtis-Ergon Energy Substations as well as the light and power design for the Kogan Creek Power Station," Noel said

Originally from the Atherton Tablelands, Noel and his wife Judith have a strong interest in the Gladstone region and are looking to exploring more of the region over the next few years. Judith is currently working in administration at GTC Financial.

"We bought a house in 2006 and have settled in and made some good friends. We enjoy the fellowship at Port City AOG Church and

feel very at home and welcome with the people there. The people in Gladstone are very friendly and it's been great to getting to know the area," Noel said.

Not surprisingly, Noel is a keen 4-wheel drive enthusiast who also enjoys fishing, camping and horse riding in his spare time.



Noel is pleased to be able to draw upon the experience of workmates.

Units Electrical Supports the Needy in the Community

The Units Electrical workgroup have once again shown their support for the less fortunate in the community with a donation to the Gladstone Observer's Adopt a Family campaign.

Members of the small workgroup donated \$385 which was used to purchase hampers for almost five families over Christmas. The hampers were donated to St Vincent de Paul.

After initially getting the idea from Cheryl O'Callaghan about six years ago, Kevin Ryan approached his superintendent Ray Que to encourage Units Electrical to adopt a family. Ray was so enthusiastic that he and his wife Chris offered to do all the shopping and even wrapped the children's presents.

Workgroup members collected the hampers from the Que's home and delivered them to the Salvos and St. Vinnies. Kev said workgroup members now look forward to donating to the event each year. Even a couple of mechanical employees annually make a donation. It's a great team effort and Kevin hopes more join in next year.

"Christmas is a time when a lot of people are doing it tough so through this program

we can give a little bit back to the community. Hopefully this will alleviate some of the stress on families who need assistance over Christmas," Kev said.



Units electrical fitter John Allen is pictured checking out the hampers with president of the St Vincent de Paul Society, Denis Mitchell.

Ray Sumner Inducted into 25 Year Club

(Ray talked to Gladrag editor Gary Macnamara about his time at the power station).

I started work at GPS in the electrical section under Brian Green on 5 January 1983, as an electrical trades assistant. We were then part of the Queensland Electricity Generating Board (QEGB). At that time it was power at all costs. Working early, late and on weekends was a constant.

We had a very large crew with around 23 electricians and about 12 trade assistants. When John Newby moved to setup the coal plant crew I was transferred to work under Jeff Powe. When the Coal Plant Crew was fully underway I then spent a few years under John Newby and at the coal plant. With John's daughters studying

at university we worked overtime on most days and most weekends.

In 1988 I transferred back to the bottom workshop and again had a happy few years back in the "Bottom Crew" under Claude Powe. At this time redundancies raised their ugly head and I received a letter. I was lucky enough to be transferred to a new Unit's crew which was being formed under Brian Green and I spent a couple of years in the "bowels" of the station, behind 5-6 PCR room.

After another reorganisation in 1994, I again moved back to the bottom workshop for a short period under stints with Terry Simpson and then again John Newby. When Terry moved to the IT section I had an array of new bosses including Jim Schoburg, Keith Whitby, Tom Richardson, Graeme Long and finally Greg Powe. In the late 1990's I moved to the new unit's crew near the 1-4 PCR room, commonly known as the Control Store. I had moved into the expeditor's role with Greg and when he left Ray Que became my new boss.

In late 1998 I took the apprentice aptitude test and NRG offered me the opportunity to take up the first

adult electrical apprenticeship at GPS on 22 February 1999. I took up the offer with Russell "Chuck" Chase who became the first mechanical adult apprentice.

After completing my apprenticeship in June 2003 and stalling as long as possible with the coal plant crew or "lost tribe" I went to work for Malcolm Pollock in Station Auxiliaries. Following another reshuffle I came to work for Russell Hunt and yet again have returned to the bottom workshop.

It has been an eventful time working here with name changes, reshuffles, relocations, reorganisations, redundancies, re-alignments and down sizing but there have been a great number of characters that are etched into my memory.

Some of the outstanding which have left were Bob Holloway, Garry "Yukky" Norris, Tim Maryon, Steve Ralph and Ron McNellee who even now raises a smile among the crew who knew them.

I remember Syd Durrington who would come down and have a chat, remembering not just your name but your wife and your children or Gary Jaenke for totally different reasons.

All in all it has been an enjoyable and rewarding place to work and a great city to raise a family. It has also been a pleasure to see apprentices grow up and take up roles in the station, the local community and overseas. It has always been the people that have made GPS a great place to work.



Russell Hunt was pleased to be able to present Ray Sumner with his 25 year gift.

Canteen Continues to Serve Employees

NRG canteen contractor Eurest has now been operating the canteen for six months and is continuing to provide a quality service to employees.

Canteen Manager Mary Urquart said the staff had received good feedback from employees who were appreciative of the fantastic variety of food on offer.

"The fresh food is going really well. We are going out of our way to cater for employee's different tastes. We can offer gluten free foods or cater for any other special needs. We hope there is something for everybody and it's great that people like what we're doing," Mary said.

The canteen offers a pre-ordering service whereby employees and workgroups can phone through their orders and have their food ready at a specific time.

A health awareness noticeboard has been set up in the canteen to provide information on healthy life styles and upcoming promotions.

"Each month we provide new promotional material on the tables promoting healthy eating and we are running a wide variety of seasonal promotions so keep any eye on the canteen noticeboard for these," Mary said.

Upcoming theme days will be held on Australia Day and St Valentines Day.



Doug Thomas checks out the new health promotion on the canteen noticeboard.

Farewell Ian Sanderson

A 36 year career in the power industry spanning England, New Zealand and Australia came to end on 18 January with the retirement of Production Training Officer, Ian Sanderson.

A motor mechanic by trade, Ian began his career in the electricity industry in 1971 working as a trainee Auxiliary Plant Attendant at Wakefield Power Station in Yorkshire, England. After completing his training, Ian moved on to commissioning units at Drax Power Station, one of England's largest stations, also in Yorkshire.

Service Register – January 2008

The NRG Service Register recognises employees who have completed 10 years service or more at GPS. This register is for employees whose anniversary falls during the month of January.

- 46 years Don Shambrook
- 45 years Trevor Heard
- 42 years Tony Frazer
- 41 years Pat Riley, Paul Borchardt
- 39 years Bill Cary
- 38 years Wayne Watson
- 33 years Ross Ahern, Kevin Johnson
- 32 years Bob Dennien, Ross Stieler, Rod Augusten, John Cook, Graham Long
- 30 years Michael Mann, Ray Waghorn
- 29 years Peter Caughey, Kevin Peagam
- 28 years Neil Smith, Russell Hunt, Kerry Raine
- 27 years Stephen Bridges, Ron Williams, Darren Ross, Derick Hetherington,
- 26 years Gary Macnamara, Bob Pirie, John Hall, Neil Petersen
- 25 years Ray Sumner
- 23 years Kelvin Bebendorf, Bill Whitmore
- 22 years Stephen Lewis
- 21 years John Dickfos
- 20 years John Gibson
- 19 years Jeffrey Clifton
- 18 years David Allen, Kelvin Newman
- 16 years Gerry Schouten, Robert Sweeney
- 15 years Andrew Sibley, Sandra Hunt
- 14 years Matthew Adamson, Robert Button
- 10 years Graham Murray, Kym Haack

Looking for a change Ian moved to New Zealand's North Island in 1974 where he worked as an operator at Meremere Power Station and New Plymouth Power Station. While at Meremere Ian got to know Paul Hedland who he would later join at GPS.

In 1985 Ian moved to Queensland where he was involved in the commissioning of Tarong Power Station. Following the completion of the new Training and Simulator Building at GPS in 1986, Ian was recruited to train new operators on the Hitachi simulator. At the time there was a strong state wide demand for new operators and Ian spent the next eight years working closely with fellow trainers Ian Talty, Ged Carter, and Bob Boyes.

Following the sale of the station in 1994 Ian moved into the Site Systems Training group with Russell Skinner, and Trevor Heard. In this role he was responsible for conducting site training and developing manuals and procedures.

With the introduction of the Foxboro Control System in the mid 1990's a new simulator was purchased, and in 2000 after yet another re-organisation, Ian once again returned to his favourite role as a simulator trainer.

Working with fellow production trainer Alan O'Rourke, Ian has been a key person in helping to train new operators for future positions at the station.

"I've really enjoyed the past four years and getting back to plant training. Every nine months we turn out a new group of blokes who are ready to work in the control room. Seeing the new guys come through and

develop into skilled operators has been personally satisfying for me," Ian said.

Throughout his career Ian, has been a strong supporter of unionism and fairness in the workplace. For the past 13 years he has been the on site delegate for the Queensland Services Union (formerly the Municipal Officers Association). Since he commenced at GPS Ian has also been an active supporter of the Gladstone Community Charities Fund and served as the President of the fund for six years.

Ian said he expected to be kept busy during his retirement.

"We've just sub divided our block at Wurdong and are building a new house. The plan is to build a big shed first. Then there's the MG to repaint and restore and after that there's the Triumph (motorbike) which needs restoring," Ian enthused.

"I've enjoyed working at GPS and it's been good to me. I'm thankful for the way the company looked after me during my seven months off after an accident in 1991. There's a lot of good people here and I've made a million friends," he said.



Ian has enjoyed training new operators at the station.

Upcoming Community Events

Clean-up Australia Day

The eighteenth national Clean-up Australia Day is scheduled for Sunday 3 March and interested employees and their families are invited to volunteer their services for the morning.

This will be the seventeenth year GPS has participated in this worthwhile program which aims to make people more aware of the environment and the need to recycle and to reduce the amount of waste.

If you would like to be part of this community service please contact Gary Macnamara on ext. 504.

Leukaemia Foundations World's Greatest Shave

The Leukaemia Foundations World's Greatest Shave will be held from 13-15 March. NRG is supporting employees who wish to participate in this fundraising event. Employees can nominate via the website

www.worldsgreatestshave.com. See Gary Macnamara for further information.

NRG Great Raft Race

NRG is once again sponsoring The Great Raft Race at the 2008 Gladstone Harbour Festival. The race will be held on Good Friday 21 March at 10am at the Goondoon Street Boat Ramp.

NRG's sponsorship is \$4,500. NRG will sponsor the construction of a limited number of rafts to be built and crewed by NRG employees. Construction of the rafts will be in the employees own time with NRG sponsoring materials to an agreed budget. There will a prize for the first NRG crew over the line.

Employees or crews interested in designing a raft should submit their design and budgets to their department manager for approval. Remember raft designs should be safe, environmentally friendly and have high entertainment value.

Healthy Employee of the Month – Paul Cupitt

(This month we continue our series in the Gladrag highlighting employees who have demonstrated a commitment to maintaining or improving their health. Fuel Planning Officer Paul Cupitt has taken up an early morning gym program to help manage his blood pressure and improve his energy levels).

“Over the years I had been a fairly active person having spent a long time in the SES and the power station rescue team. When a hernia operation forced me to take things a bit easier I realised I wasn’t getting the same amount of physical activity as I previously was. On top of that I had taken up a new role as a planning officer which was a big change from my 23 years working as a fitter in the machine shop. I started to pack on the weight and began to feel very lethargic. It got to the point last year where I’d get home from work and do nothing. That’s when I decided to book myself in for a check up,” Paul said.

Seeing his doctor proved to be a turning point for Paul who discovered that his blood pressure was “through the roof” and his cholesterol levels were in the high risk range.

“I had been doing the annual medical checks and realised I needed to do something about my fitness levels. It had always been in the back of my mind to go to the gym and the opportunity to join through our payroll deduction scheme was the kick start I needed.”

After a short time on blood pressure medication Paul was able to commence a fitness program which now sees him going to the gym before work every working day. Paul completes a 45min cardiovascular program which includes mixture of cycling, walking, rowing and running as well as some strengthening exercises with weights.

“It was hard to get going initially - getting up at 4.30, but after a few weeks it’s just become part of my daily routine. I feel like I have a lot more energy to burn and my blood pressure has come back to normal levels,” Paul said.

Since taking up his exercise program Paul has been able to shed more than 7 Kg and spend more doing the things he enjoys.

“I find I can cope with the heat much better now and I’m more motivated to get out of the air conditioned office during the day.

I’m not sitting around as much, wasting time picking at food during the day,” Paul explained.

Paul said he had always enjoyed do community work and was keen to continue his involvement in the Sporting Shooters Association.

“I feel like I can do things again and I’m enjoying putting something back into the community,” Paul said.



An early morning gym program has helped Paul on the road to better health and fitness.

On the Couch with Kevin Johnson

Nickname: Kev

Position: Fitter and Turner - Maintenance

How long have you worked at the station
21 years (33 yrs in the industry)

Where were you born
Rockhampton

My first job was
Apprentice fitter and turner at Rocky Power Station

My worst habit is Overtime



My most embarrassing moment was
Having four girlfriends turn up to the same dance 28 years ago

My favourite sporting team is
NRG – because they’re all good sports

When I was a child I wanted to be
Boilermaker – now I’m something better

My favourite toy as a child was
Engines

My greatest achievement is Working in power stations for 33 years

Describe yourself in three words Happy-go-lucky

Outside of work I like to relax by 4 wheel driving with the missus, fishing with the missus and playing with the grand kids

My favourite holiday spot is South east Queensland

The hardest thing I’ve ever done was
Keeping ahead of Doug on his electric pushy

You wouldn’t know it but I’m no good at
Throwing away something useful (Ask Guy)

A song that means a lot to me is
Whole again by Atomic Kitten

My worst fashion moment was
Wearing overalls

Someone who makes me laugh is
My Missus

If there were three people, living or dead, I would like to take to dinner they would be
Kevin Rudd, Kevin Bloody Wilson, Enid (my wife)

A job I’d really like to have is The next job

The thing I fear most is
Having to iron my clothes

I like to spend my hard earned dollars on
My missus, kids and grand kids